



the brain injury association

What members of Headway say about joining a communication groups

"Last year couldn't do any of the things now doing"

"I feel it's a challenge which I can cope with so gives me confidence"

"It's really enjoyable"

"Everyone is so nice to each other"



"We laugh so much!"

"I am no longer shy when in the group"

"I like being in the group very, very much"

"It really cheers me up"