



Carers Support



When someone suffers a brain injury it affects many other people . Carers need support at a number of stages

Crisis — when a loved one is admitted into hospital immediately after suffering a brain injury or diagnosis.

Returning Home — Pre or post discharge from acute hospital care

Facing Change — After the return home when high levels of support end and daily life resumes

How we can help

- Crisis advice and support - people can attend Headway for a one to one appointment or we can visit you at the hospital or in your home
- We can sign post you to other local services and organizations
- One to one support - either drop-in, telephone or email
- Drop in group for clients or carers

Carer Support Services are led by Sue who has vast experience and knowledge that could help your headway journey



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The Benefits

If a carer is receiving support, they will be gaining the skills knowledge and strength needed to cope with any change in their family. This can have a positive effect on the person with the brain injury.

Taking time out provides much needed respite for carers.

We have lots of helpful leaflets , fact sheets and booklets. All can be viewed or printed direct from our web site or accessed from Headway House

Web Site:

WWW.herefordshire-headway.co.uk