



HEREFORDSHIRE HEADWAY



Support after an acquired brain injury (including stroke)


We provide a safe supportive environment for people recovering from a head injury


Our service includes:


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|  Speech Therapy |  Gardening |  Creative Writing |
|  Art Therapy |  Yoga |  Craft |
|  Music Therapy |  Cookery |  Social Activities |
|  Computer Skills |  Choir |  Woodwork |
|  Literacy Support |  Carers Support |  Pottery & Art |
|  Carers Support Hub |  Short Breaks |  Family Mentors |

Herefordshire Headway

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