



Herefordshire Headway

Support after an acquired brain injury (including stroke)

We provide a safe and supportive environment for people recovering from a head injury. Our service includes:

- Physiotherapy
- Speech Therapy
- Art Therapy
- Music Therapy
- Woodwork
- Pottery & art
- Gardening
- Yoga
- Cookery
- Computer skills
- Literacy support
- Choir
- Creative writing
- Craft
- Social activities
- Family support
- Carers support