



Staying for Lunch



Whether you are staying for half a day or all day you are welcome to have lunch with us:

- Lunch time is between 12.30 and 1.30
- Those wishing to have a meal from our kitchen need to choose from the menu and book their chosen dish by 11.00am on the day
- You can ring us to book in advance or ask Sylvia or Kate when you arrive in the morning
- If you prefer you can bring a packed lunch to sit and eat with us

- Headway House has it's own well equipped kitchen where Glenys our cook prepares delicious home cooked meals with a choice of menus to suit every pallet.
- For those who have special dietary needs or for whom eating and drinking can be a challenge there are specially trained staff on hand to assist and support ensuring that your particular needs are met.

Sample Menu:



Pork Casserole with baby potatoes and cabbage

Followed by Gateau & cream

OR

Toad in the Hole

With onion gravy & vegetables

Price: £3.50 including morning and or afternoon refreshments

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